

## From Our Offices



Close to three years ago Community Support (CS) was approved and implemented. One of the changes that we experienced at HOMECARE with CS involved our responsibility in facilitating the Person-Centered Planning process. Although providing support that is person-centered was not new to us at HOMECARE, being responsible for the plan was. In addition, we have recently started providing Targeted Case Management. We are responsible for the Person-Centered Plan (PCP) with that service as well. Just as it is important for our Clinical Supervisors to understand the process, we feel that it is equally important that our consumers and families, Behavioral Technicians and other community stakeholders understand it too. The following is a brief overview of the philosophy and process.

Person Centered Planning is arguably the most essential component of service delivery for MH/DD/SA consumers. The overall goal of the PCP is to empower the consumer to decide what he wants to achieve. There are several components of the PCP that all work together to support the consumer in this process.

First, the consumer and guardians decide who they want involved in the planning. Then the Clinical Supervisor meets with the consumer, guardian and the other people invited to participate. The Clinical Supervisor asks about the consumer's strengths, skills, preferences, supports, challenges and goals.

Another facet in this process is to identify what "natural supports" the consumer already has involved in his life. Natural supports are, simply put, the people around you. They are friends, neighbors, church members, coaches and co-workers. Natural supports create independence and integration into the community. For consumers who do not have many natural supports in his life, the Person-Centered Planning process will help discover and develop them.

After a comprehensive clinical assessment or psychological evaluation has been completed the Person Centered Planning Team will create the long term and short term goals. Since the PCP "belongs" to the consumer his wishes and desires are important. The Clinical Supervisor facilitates the process by determining what is important to and what is important for the consumer.

The NC Division of MH/DD/SAS's website, [www.dhhs.state.nc.us/MHDDSAS](http://www.dhhs.state.nc.us/MHDDSAS), has more information on Person-Centered Planning and there is free web-based training available. Of course, if there are any questions about a PCP HOMECARE's Clinical Supervisors will provide the answers.

## Employee Spotlight

**Jeninne Vice** has worked with HOMECARE Management Corporation since August 2003 in our Boone office. Currently she is doing an amazing job working with two of our consumers who receive Community Support. She has been working with both young boys in their homes,

*(Continued on page 2)*



## Client Spotlight

**Chad Greenlee** has been a client at HOMECARE for almost two years. Chad had a traumatic childhood; he lost his mother tragically at an early age. Because of that trauma he allowed others to make decisions for him that was not in his best interest. From an early age, Chad didn't learn the skills needed to make good choices and decisions.

When Chad first came to HOMECARE he was very withdrawn and did not talk very much. Since he began working with **Bob Lang**, Behavioral Technician, he has made tremendous progress. Bob has taught him to take responsibility for himself and not let others make important decisions for him. He has worked through some tough situations in the last couple of years with the help of his Behavioral Technician and continues to use information he has learned. Chad has become his own payee on his disability check and is proud that he is now able to handle his own financial matters. Chad's pride and joy is his two-year-old daughter. He works hard at learning the skills needed to be a good parent to his daughter and his stepdaughter.

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## Anniversaries

As HOMECARE celebrates 15 years, we want to acknowledge employees who have been a part of our success. **Lisa Bryan**, from our Boone office, has been with us close to the whole time. She celebrates **12 years** with HOMECARE! **Bess Clancy-Becker** from Wilmington is not far behind with 10 years. Thanks to **Christie Collins**, also from Boone, who has been with us for 9 years. **Marcell Lates** celebrates 8 years and **Scott Burchette** 7 years; each of them is from Statesville. **Amanda Potter** has been with us in the Boone office for 6 years as well as **Timothy Later** from Whiteville. Celebrating 5 years is **Teresa Jenkins**, **Latoya Rankin**, **Tonya Smith** from Statesville, **Karen Blair** from Lenoir, and **Johnny Jones** from Whiteville. Thanks to each of you for your hard work and commitment.

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### EMPLOYEE SPOTLIGHT (Continued from page 1)

schools and in their community. With each consumer, she works on building coping, anger management, and self control skills. In addition, they each have difficulties with showing respect for authority figures so Jeninne uses modeling and role playing to teach more appropriate ways to communicate. Jeninne also understands how important it is to work with the families and provides parent training and coaching to help them understand their children's diagnosis. Jeninne is also a strong advocate for her consumers. She educates the consumer's parents on how to advocate for their children to ensure that their on-going needs continue to receive treatment.

Jeninne has "worked miracles" in the lives of these two boys and she is a wonderful representative for HOMECARE Management Corporation in the community. Thank you Jeninne for your dedication to HOMECARE and our consumers!

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### CLIENT SPOTLIGHT (Continued from page 1)

Chad enjoys learning about new things and enjoys sharing his knowledge with others. He has really developed his social skills, which is in stark contrast to our first encounter with him. Chad has become very active in his church and is looking forward to being baptized soon. Chad enjoys reading his Bible, and reports that he needs a Bible dictionary so that he can better understand what he is reading. Chad is also giving back to the community; he recently participated in a Share the Warmth program to collect coats and blankets for the needy.

Chad reports that he would like to go back to school at some point, but hasn't decided what he would like to study. Chad's other interests include sports. He played basketball in high school and was on a local boxing team that won a regional championship.

It has been a privilege to be a participant in Chad's treatment and we are so proud of all he has accomplished.

## Opportunities For Learning

- **MERSA**, Statesville, Feb. 23, 1-2 p.m. or 4-5 p.m.
- **Project Lifesaver**, Wilmington, Feb. 25, 6-8 p.m.
- **Decrease Anxiety Through Creative Play**, United Way in Wilkesboro, Feb. 27, 10 a.m. to 12 p.m.
- **Mental Health Ethics**, Charlotte, March 11, 9 a.m. to 11 a.m.
- **DSS - Why and How to Refer**, Boone, March 11, 1 to 3 p.m.
- **MetLife - Estate Planning for Special Kids**, Wilmington, March 17, 5-7 p.m.
- **Personality Disorders and Beyond**, Forest City, March 18, 2-4 p.m.
- **Learning Through Play (Easy-To-Make Toys)**, Boone, April 6, 2-4 p.m.
- **Common Adult Disorders**, Lenoir, April 13, 9 a.m.
- **Criminal Justice System/Mental Health Part 2**, Charlotte, April 15, 9-11 a.m.
- **Substance Abuse**, Wilmington, April 21, 5-7 p.m.
- **Mood Disorders**, Forest City, April 22, 2-4 p.m.
- **Stress Relief is on the Way**, Lenoir, April 23, 9-11 a.m.
- **DSM - Discussing Diagnoses**, Lenoir, May 7, 9-11 a.m.
- **Non-Verbal Communications**, United Way in Wilkesboro, May 8, 9-11 a.m.
- **Culture Competency**, Charlotte, May 13, 2-4 p.m.

*Please contact your supervisor for more information on these valuable training sessions and additional opportunities for you to obtain required CS training as well as for required re-certification trainings.*

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## PaySchedule

### Services Delivered

February 1-15

February 16-28

### Checks Mailed

March 5

March 19

## Documentation

**Documentation for ALL services except Nursing-based PCS, CAP/DA and CAP/C is due the day after you have finished providing services for the week (Sunday-Saturday), and in no case later than the following Monday.** CAP/DA, CAP/C and Personal Care must be postmarked or delivered the 16th for services delivered the 1st through the 15th and the 1st for the 16th through the end of the month.