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Find out how you can have your recipes in our new cookbook.

Birthdays

Employees

- Patsy Spradling, 1/13
- Issie Anderson, 1/19
- Rachel Cook, 1/20
- Susie Reed, 1/25
- Allen Millsaps, 1/26
- Brenda Stanley, 1/26
- Rebecca Carroll, 1/27
- Arlene Minton, 1/30

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Our people make the difference

HEMOCARE

Management Corporation

BULLETIN

Client Spotlight

Patricia Gaines

The help that **Patricia Gaines** has gotten from HOMECARE Management Corporation has been a “lifesaver.”

Patricia is most appreciative of the fact that having HOMECARE’s assistance is helpful to her loved ones as well.

“HOMECARE has saved our lives, honey,” Patricia said. “My husband is able to work because of HOMECARE. My mother does not worry about me when Hazel is here.”

Her aide **Hazel** might as well be Superwoman, according to the description Patricia provides.

“She moves so fast and works so

PROFILE

hometown: Collettsville
favorite food: Anything Hazel makes
favorite movie: Always
favorite book: The one she is writing now

hard. Hazel can do six to eight things at one time,” she said.

In her spare time, Patricia enjoys watching old movies and reading and

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Employee of the Month

Please congratulate **Paula Cowick**, CNA, who was chosen the January HOMECARE Management Corporation Employee of the Month.

She was nominated by her supervisor Lauren Leopard, RN.

“I chose Paula this month because she is always professional, communicates with her supervisor and has worked hard in obtaining her CNA this year,” Lauren said.

PROFILE

name: Paula Cowick
hometown: Franklin, N.C.
favorite food: Chilli
claim to fame: Being a good mother

“Paula always attends in-services and takes great care of her grandmother.”

Paula has worked for HOMECARE for two years and hopes to one day earn her NA II and Med. Tech certification.

In addition to starting a career in health-care, Paula is enjoying the opportunity to spend time with her grandmother.

“It’s very interesting to have conversa-

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Clients

- Kay Powell, 1/4
- Stella Avery, 1/6
- Joyce Roland, 1/7
- Johnsie Holman, 1/8
- Lillian Jones, 1/11
- Sara Patton, 1/14
- Tassie Hutching, 1/18
- Nellie Haynes, 1/23
- Phyllis Powell, 1/23
- Daisy Walker, 1/28
- Ruth Corn, 1/31

Anniversaries

Employee

- Angela Coonse, 1/5
- Evelyn Rose, 1/7
- Mary Summey, 1/7
- Sharon Williams, 1/10
- Arlene Minton, 1/16
- Vanessa Laws, 1/27
- Mariana Blair, 1/30

Check mail dates

Time sheets must be mailed on the 15th and the last of each month to ensure you'll receive your paychecks on time. Please remember to send your time sheets to our new mailing address at P.O. Box 2640, Lenoir, NC 28645.

Upcoming check mail dates are:

- Friday, Jan. 19
- Tuesday, Feb. 6
- Thursday Feb. 22
- Tuesday, March 6
- Wednesday, March 21
- Thursday, April 5
- Thursday, April 19
- Friday, May 4
- Monday, May 21
- Wednesday, June 6

Training schedule

This month's in-service topic will be Diabetes. Please make arrangements to attend one of these important sessions. In-service training means better care for your clients and it's mandatory. Call HOMECARE at 800-223-2841 or 754-3665 to let us know if you can or cannot come, as this is very important to planning for the class. CNAI and NAII are required to obtain 12 hours of continuing education each year. HOMECARE Management Corporation provides 8 hours.

ALEXANDER

- 4:30-6:30 p.m., Thursday, **January 4**, Alexander Department of Social Services, 334 7th Street SW, Taylorsville

LINCOLN

- 4:30-6:30 p.m., Thursday, **January 11**, Senior Center at Gaston College (the usual place)
**Please note date change.

CALDWELL

- 4:30 p.m. – 6:30 p.m., Thursday, **January 18**, at United Presbyterian Church, 415 Pennell Street, Lenoir. (Fellowship Hall behind the church). ** Please note date change.

McDOWELL

- 4:30p.m. – 6:30 p.m., Thursday, **January 25**, Bruce's Fabulous Foods, 63 S. Main Street, Marion

BURKE/CATAWBA

Please attend the session closest to you.

Paula Cowick *continued...*

tions with grandmother about her young days," Paula said. "Grandmother tells a great story of saving a little bird once and how it sang back to her to thank her."

In addition to her grandmother, Paula's family includes her husband Terry and three children, Summer, Terry "Deuce" and Preston, as well as a rabbit, three dogs and a miniature goat.

Patricia Gaines *continued...*

writing stories. In fact, some of her funny HOMECARE stories she encountered in her six years as a client have made their way into her short stories, she said.

And those stories often are relayed to visitors from HOMECARE.

"Pat is always a pleasure to visit because she always has a new story or two for me to read while I am there," said Lauren Leopard, RN. "Pat is very intelligent and entertaining to talk to."

Patricia's family includes her husband Albert and mother Helen, who took care of her for nine years.

Reminders

- **BE READY FOR FLU SEASON:** HOMECARE Management will pay for the cost of your flu shot up to what the local Health Department charges. For more information, please contact your supervisor.
- **HOME(CARE) COOKING:** If any HOMECARE Management workers or clients have a favorite recipe they'd like to share, please send them to Mary Ellen Moore or Lori Haney.
- **ATTENTION:** Any worker that has a PCS (Personal Care Services) client needs to be sure to use the new time sheets and activity records. If you have any questions or do not understand, please call your supervisor ASAP.